

Community Education meets the needs of their communities by offering classes and activities. Here is a sampling of classes offered by Community Education programs from throughout Wisconsin.

### **Cooking Classes**

Basics of Canning  
Cake Decorating  
Christmas Cookie Exchange  
Christmas Treats  
Freezing and Canning  
Healthy Cooking 101  
Heart Healthy Cooking  
Italian Cooking  
Lefse Making  
Light and Lively Pasta  
Make and Freeze  
Mexican Cooking  
Oriental Appetizers  
Polish Cooking  
Quick and Healthy Meals  
Recipes in a Jar  
Soups and Stews  
Stir Fry Cooking  
Tastes of Autumn  
Tempting Treats  
Tickle Your Tastebuds  
Tricks to Low Fat Cooking

### **Enrichment**

Advance Directives  
Antique Roadshow  
Aromatherapy  
Ballroom Dancing  
Basic Auto 101 for Women  
Basic Spanish  
Be Your Own Plumber  
Beginning Bird Watching  
Beginning Wallpapering  
Belly Dancing  
Bike Maintenance  
Bird Feeders  
Book Club  
Bridge Basics  
Calligraphy  
Choosing A Dog/Pet  
Communicating with Confidence

### **Crafts and Hobbies**

Basket Weaving  
Beaded Necklaces  
Beginning Drawing  
Beginning Sewing  
Corn Husk Dolls  
Creating A Holiday Tree Skirt  
Creative Cards  
Crocheting  
Felted Wool Purse  
Holiday Bows  
Holiday Centerpieces  
Intro to Beading  
Introduction to Quilting  
Jewelry Making  
Knitting  
Landscape Oil Painting  
Machine Quilting  
Make Your Own Doll  
Make Your Own SnowShoes  
Make Your Own Teddy Bear  
Mat Cutting  
Mystery Lap Quilt  
Paper Making  
Penny Rug Project  
Photography  
Quillows  
Rag Quilts  
Rosemaling  
Sand Casting Leaves  
Scrapbooking  
Serge Secrets  
Stain Glass  
Stamping  
Stemware Beads  
Stepping Stones  
Tablerunner  
Tile Mosaics  
Using Watercolors  
Wood Carving  
Wreath and Swag Class

Container Gardening  
Container Gardening  
Creative Writing  
Decorating Your Home  
Dog Obedience  
Energy Conservation  
Enhance Your Self Esteem  
Fantasy Wall Finishes  
Feng Shui  
Fly Fishing Fundamentals  
  
Fundamentals of Football for Women  
Fundamentals of Muskie Fishing  
Gardening Basics  
Gardening in the Shade  
Genealogy  
GPS Basics  
Home Landscaping  
Home Repair for Women  
How to Buy/Sell Home  
How to Deal with Anger  
How to Deal with Difficult People  
  
Intro to Wills and Estate Planning  
Jig Tying  
Landscaping with Native Plants  
Meditation 101  
Moss Basket Project  
Organic Gardening  
Organizing Hints  
Orienteering  
Perennial Gardening  
Perennial Swap  
Pet First Aid  
Preplanning Your Funeral  
Pruning 101  
Puppy Manners  
Putting Your Garden to Bed  
Safe Driving at 55+ - AARP  
Salsa and Merengue  
Secrets of Baking  
Sign Language  
Small Engine Repair  
Soap Making  
Spring Bike Tune-up  
Stress Management

## **Family Classes**

College Transition  
Dealing with Bullies  
Driver's Ed Made Easy  
Family Art Time  
Finding College Scholarships  
Finding the Right College  
Hands on Science  
Homework Help for Parents  
How to Talk to Your Kids about Anything  
Infant Massage  
Infant Sign Language  
Mystery Trip  
Parent/Child Playgroup  
Parenting ADHD Children  
Paying for College  
Positive Discipline  
Positive Parenting  
Raising Spirited Children  
Stargazing  
Unlocking Your Child's Learning Potential  
Baby and Me  
No More Food Fights

## **Health and Wellness**

Aerobics  
Aquacise  
Balancing your Hormones  
Beauty Basics  
Beginning Golf  
Beginning Yoga  
Caring For An Aging Parent  
Cross Country Skiing  
Eat Right 4 Your Blood Type  
Exercising with Ball  
First Aid and Safety  
Hair Braiding  
Herbal Aids for Women  
Herbs 101  
How to Lose Weight Sensibly  
Hypnosis  
Hypnosis  
Karate  
Live Life Pain Free

Swing Dance  
Take Charge of Your Stress  
Western Square Dance  
Writing Your Life Story

### **Money Matters**

Banking Basics  
Basics on Investing  
Debt-Free Living  
Emailing  
Financial Management  
How to Stretch Your Dollars  
IRAs  
Life Planning for Women  
Managing Your Checking Account  
Mysteries of a Mortgage  
Perils of Plastic  
School District Budgeting 101  
Stock Market Basics  
Tax Planning and Preparation  
Understanding Your Credit Score  
You and Your Bank

### **Safety Classes**

ATV Safety  
Babysitting 101  
Boater's Safety  
Deer Hunting Laws  
Farm Safety  
Identity Theft  
Infant/Child CPR  
Self Defense  
Snowmobile Safety  
Trapper Education  
Turkey Hunting Clinic

### **Technology**

Adult Computer Lab  
Creating a Web Page  
Creating Cards  
Creating Christmas Newsletters  
Creating Spreadsheets  
Digital Cameras  
eBay  
Exploring the Internet

Massage  
Natural Hair Care  
Open Volleyball  
Open Walking  
Open Weight Room  
Pump and Pilates  
Reflexology  
Relaxation and Self Discovery  
Skincare for All Ages  
Snowshoeing  
Stop Smoking  
Take Charge of Your Health  
Tennis  
Weight Training for Woman  
What's New with Nails  
Women Health Issues  
Yoga for Seniors

### **Job Skills**

Career Help  
Effective Job Searching  
Employment Preparation  
Interviewing Techniques  
Resumes  
Welding Basics

### **Kids Classes**

ACT Test Preparation  
Ballet and Jazz Classes  
Basketball Basics  
Cheerleading Clinic  
Christmas Cookie Fun  
Family Fun with Science  
Gingerbread Houses  
Gymnastics  
Halloween Make-up  
Hip Hop  
Home On Your Own  
Improving Your Study Skills  
Introduction to Banking  
Juggling 101  
Kids Tumbling  
Manners 101  
Preschool Story Hour  
Soccer

Finding those Travel Bargains  
Homemade Movies  
How to Buy a Computer  
Introduction to Computer  
Keeping your Computer Safe  
Keyboarding for Adults  
MS Excel  
MS Word  
Photoshop  
Power Points  
Windows XP

Trick or Treats Fun  
World of Snakes