

School District of Rhinelander

Community Education Program



The Community is Our Classroom

Discover Something New With Lifelong Learning

WINTER/SPRING 2024 COMMUNITY EDUCATION CLASS GUIDE

Check inside for full descriptions of classes!

JANUARY

- Jan. 15 - Golf Lessons - Level 1
- Jan. 15 - Golf Lessons - Level 2
- Jan. 16 - Balance & Strength: No Falls Approach
- Jan. 16 - Walking for General Conditioning
- Jan. 17 - Watercolor Painting - Watching
- Jan. 17 - Zumba with Val
- Jan. 22 - Pickleball Lessons - Level 1
- Jan. 22 - Pickleball Lessons - Level 2
- Jan. 22 - Pickleball Lessons - Level 3
- Jan. 22 - Rally Dog Obedience - Novice Level
- Jan. 22 - Nosework for Dogs
- Jan. 22 - Cardio Kickboxing
- Jan. 24 - Puppy Manners
- Jan. 24 - K9 Manners
- Jan. 24 - Acrylic Painting - What?
- Jan. 25 - Stamping Class - Birthday Confetti Card Kit
- Jan. 29 - Wiggle, Giggle, and Shake!
- Jan. 31 - Hot Cocoa Potholder/Mug Rug Valentine Gift Set

FEBRUARY

- Feb. 7 - Learn to play Kubk
- Feb. 12 - Golf Lessons - Level 1
- Feb. 12 - Golf Lessons - Level 2
- Feb. 17 - 11th Annual Cross Country Ski Clinic
- Feb. 21 - Basket Weaving
- Feb. 21 - Watercolor Painting - Sunset Bliss
- Feb. 28 - Acrylic Painting - Warmth
- Feb. 28 - Zumba with Val

MARCH

- Mar. 4 - Northern Lights Chasing 101
- Mar. 6 - Healing HeArts
- Mar. 7 - Stamping Class - "Saying Thanks" Card Kit
- Mar. 11 - Golf Lessons - Level 1
- Mar. 11 - Golf Lessons - Level 2
- Mar. 19 - Walking for General Conditioning
- Mar. 20 - Watercolor Painting - Northern Lights
- Mar. 25 - Nosework for Dogs
- Mar. 25 - Rally Dog Obedience - Intro/Novice Level
- Mar. 27 - Puppy Manners
- Mar. 27 - K9 Manners
- Mar. 27 - Acrylic Painting - Spring Returns
- Mar. 27 - Loom Beading - Intermediate Level

APRIL

- Apr. 2 - Balance & Strength: No Falls Approach
- Apr. 8 - Gentle Yoga Flow
- Apr. 8 - Wiggle, Giggle, and Shake!
- Apr. 15 - Watercolor Painting - Serenity
- Apr. 15 - Get out and Walk - 100 Mile Walking Challenge
- Apr. 17 - Zumba with Val
- Apr. 17 - Welcome Spring Potholder/Mug Rug Gift Set
- Apr. 24 - Acrylic Painting - First Flight

MAY

- May 9 - Barn Quilt Painting

WE HAVE ONLINE REGISTRATION!



Visit <https://www.rhinelander.k12.wi.us/community/community-education-classes.cfm> for instructions on how to register online with a credit or debit card. Please call 715-365-9745 to inquire about space. Space is limited for all classes.

We encourage online registration, but you can also register by mail or drop off. A paper registration form can be found at: <https://www.rhinelander.k12.wi.us/community/community-education-classes.cfm>. Please print the form, complete it, and mail it with payment to the address on the form. Your registration and payment must be received before the registration deadline for the class. Personal check is preferred.

Winter/Spring 2024 Community Education Class Guide

Pickleball Lessons: Level 2

These lessons are for those who have completed and mastered Level 1 skills. Requirements to enroll are: Must know how to keep score; Be able to serve and return successfully 7 out of 10 times sequentially; Must understand the No Volley Zone; Can dink unattackable balls successfully at least 5 sequential shots; Can volley more than 3 times in a sequence; Have basic overhead skills; Must understand the lob, third shot drop, and other reset shots; Can usually be in the right court position; Understand court geometry.

First Offering: Mondays and Wednesdays,
Jan. 22 – Feb. 14, 1:15 - 2:15 pm

Registration Deadline: Jan. 20

Second Offering: Mondays and Wednesdays,
Jan. 22 – Feb. 14, 7:00 – 8:00 pm

Registration Deadline: Jan. 20

Ages: Adults

Instructor: Larry McKittrick and Jon Koch

Fee: \$60/person

Location: Hodag Dome

Pickleball Lessons: Level 3

For those who have completed and mastered Level 2 skills. Requirements to enroll are: Must have mastered scoring; Can put 8 out of 10 sequential serves and returns in play with depth consistently; Can hit some spin serves; Can volley consistently four or more sequential shots; Has a reliable overhead that can place 8 out of 10 sequential shots for some winners; Can dink unattackable balls successfully and consistently at least 6 sequential shots; Can successfully hit 8 out of 10 third shot drops sequentially forehand or backhand from anywhere; Can hit 8 out of 10 sequential forehands or backhands keeping the ball in play; Has good control over the No Volley Zone and understands court position and strategy.

Dates and Times: Mondays and Wednesdays, Jan. 22 – Feb. 14, 2:15 - 3:15 pm

Ages: Adults

Instructor: Larry McKittrick and Jon Koch

Fee: \$60/person

Location: Hodag Dome

Registration Deadline: Jan. 20

TECHNOLOGY and ENGINEERING

HODAG FAB LAB COMMUNITY HOURS

The Hodag Fab Lab exposes the Rhinelander community to some valuable tools that will provide many opportunities for creativity. Some of the tools available include cutters, scanners, printers, replicators, engravers, routers, saws, surfacers, jointers, and sanders. Some examples of what can be created in the Fab Lab include: signs, benches, plaques, glass engravings, key chains, medals, cribbage boards, and more! Please contact Mike Wojtusik at 715-365-9500 or wojtumic@rhinelander.k12.wi.us to inquire about sign-up.

Date and Time: Mondays and Wednesdays, 4:00 - 8:00 pm

Ages: All ages welcome (children younger than 9th grade must be accompanied by an adult)

Instructor: Mike Wojtusik, RHS Industrial Technology Teacher and Fab Lab Director

Fee: FREE to try out! 1-year memberships are \$50/single and \$75/family. Rhinelander students are free!

Location: RHS Fab Lab

YOUNG CHILD

Wiggle, Giggle, and Shake!

Presented by Children's Wisconsin, "Wiggle, Giggle, and Shake!" is a music and movement program for caregiver and child, designed to stimulate your child's development while celebrating and nurturing the remarkable bond you share.

First Offering: Mondays, Jan. 29 – Mar. 4, 5:30 – 6:15 pm

Registration Deadline: Jan. 25

Second Offering: Mondays, Apr. 8 – May 13, 5:30 – 6:15 pm

Registration Deadline: Apr. 4

Ages: Children birth to 5 years with any adult caregiver

Instructor: Nicole Lilek from Children's Wisconsin

Fee: \$15/family (can include multiple children within a family)

Location: Central Elementary School Gymnasium

CAVOC for the COMMUNITY

The Cedric A. Vig Outdoor Classroom (CAVOC) has many opportunities for community use!

RENTALS - CAVOC is available for birthday parties, family reunions, weddings, bridal showers, baby showers, holiday gatherings, conferences/retreats, business meetings/workshops and MORE! Call (715) 365-9745 for information on how to rent the CAVOC facilities.

ROPES COURSE – The Challenge Ropes Course is available for community groups. It is a tool for personal and educational growth. Build trust, teamwork, and courage! The course consists of high and low elements constructed of ropes, beams, and cables within the forest. Activities are led by trained facilitators. Call (715) 365-9745 for information on how to reserve the Ropes Course.

GEOCACHING – There are several geocaches located on the 160-acre CAVOC property. This is a fun activity to take-part in with your family and friends, or as an individual. Visit www.geocaching.com, set up an account, and use your orienteering skills to find the hidden caches.

TRAIL USE – The CAVOC trail system is available year-round for walking, running, and cross-country skiing. There is a special area for snowshoeing as well. Use of the CAVOC trails is FREE and sign-up is not required. Trails are not available during special events like ski meets.

Visit the CAVOC website at <https://www.rhinelander.k12.wi.us/schools/cavoc/> for a full listing of what CAVOC has to offer.

HODAG DOME

The Hodag Dome is a large, climate-controlled indoor facility that serves the students of SDR as well as our community. Community members living within SDR boundaries may purchase an annual membership for \$15/year. Kids are free. Amenities include indoor walking, pickleball, tennis, open turf times for free play, batting cages, and golf simulators. More information can be found at <https://www.rhinelander.k12.wi.us/activities/hodag-dome.cfm> or by calling (715) 365-9520.

If you have an idea for a community class, or if you have a skill, talent, or knowledge you would like to share with the community, please contact Community Education Coordinator Mike Cheslock at 715-365-9745 or cheslmik@rhinelander.k12.wi.us.

We have ONLINE REGISTRATION! Visit <https://www.rhinelander.k12.wi.us/community/community-education-classes.cfm> for instructions on how to register online with a credit or debit card. If the online software indicates that the class is full, please call 715-365-9745 to inquire about space.

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