

## THE CHALLENGE COURSE

The Challenge Ropes Course is located at the Cedric A. Vig Outdoor Classroom. (CAVOC) The course is located in a unique forest setting of northern hardwoods. The course consists of high and low elements constructed of ropes, beams, and cables within the forest. The Challenge Ropes Course provides a northwoods outdoor experience combining adventure and enjoyment.

Groups will begin their challenge at ground level with introductory activities to help learn more about each other, communication as a team, and initiate trust. There are several elements that require individuals to function together to overcome obstacles, such as getting over a fourteen foot wall. The group will progress to high rope activities where individuals will perform a set of tasks above ground level. This is an exciting time when people confront their perceived fear and uncertainty. A willingness to attempt safe, but anxiety-producing activities will positively affect each individual's life. There are no physical limitations for participating, but occasional strenuous activity may be required to assist and support other group members.



**The Challenge Ropes Course is located in Rhinelander, Wisconsin. It is owned and operated by the School District of Rhinelander. For additional information, contact:**

**School District of Rhinelander  
665 Coolidge Avenue, Suite B  
Rhinelander, WI 54501  
Curriculum and Instruction Office  
(715) 365-9714**

## School District of Rhinelander

### CHALLENGE ROPES COURSE

**Cedric A. Vig Outdoor Classroom**



### CAVOC

**4321 South Shore Drive  
Rhinelander, WI 54501  
(715) 365-9714**

[www.cavoc.net](http://www.cavoc.net)

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## WHAT IS THE CHALLENGE ROPES COURSE?

**The Challenge Ropes Course is a tool for personal and educational growth.**

The course is a blend of low and above ground activities presented in a prescribed sequence that takes individuals and groups beyond their own expectations. A reasonable willingness to try is the criterion for success. Through a series of attempts, groups become teams and strangers become friends. The Challenge Ropes Course expedites this growth and learning experience.

The Challenge Ropes Course is characterized by an atmosphere that is fun, supportive, and challenging. Non-competitive games, group problem solving, and ropes course events are the principal activities used to help participants reach their goals. Facilitators who are experts in group processing help participants discover innovative approaches to work together. Using course experience, participants learn trust, shared responsibility, mutual support, and leadership that can be applied to life situations.

## WHO WILL BENEFIT FROM THE CHALLENGE ROPES COURSE?

**Any group can benefit from an outdoor experience on the Challenge Ropes Course.**

Some groups that have used the Challenge Ropes Course are:

- School Groups
- Administrative Teams
- Management Staff
- Youth Agencies
- Clubs
- Sports Teams
- Corporations
- Law Enforcement
- Teachers
- Work Groups
- College Participants
- Scouts
- Summer Camps

**Facilitators tailor design the activities to meet the goals and objectives for your group.**

## PRIORITY NUMBER ONE:

# SAFETY

The course was built in the early 1980's by Project Adventure, Inc. of Covington, Georgia. They are a nationally and internationally recognized leader for designing and constructing Challenge Ropes Courses in the United States and overseas since 1971. The school district contracts with Project Adventure to perform professional yearly safety inspections of all elements to maintain safety. This status means the Challenge Ropes Course meets or exceeds Project Adventure standards for overall safety and quality.

Facilitators must complete a rigid internship training program on the course taught by an experienced facilitator and also attend refresher training.

