

School District of Rhinelander

Community Education Program



The Community is Our Classroom

Discover Something New With Lifelong Learning

FALL 2023 COMMUNITY EDUCATION CLASS GUIDE

Check inside for full descriptions of classes!

SEPTEMBER

Sept. 5 - Aspirus Community Fitness Center
Sept. 10 - Community Open Swim
Sept. 11 - Rally Dog Obedience
Sept. 11 - "Get Out and Walk" 100 Mile Walking Challenge
Sept. 13 - Watercolor Painting - Spring Renewal
Sept. 13 - Puppy Manners
Sept. 13 - K9 Manners
Sept. 20 - Zumba with Val
Sept. 20 - Acrylic Painting - Sunset Peace
Sept. 21 - Stamping Class - "Saying Thanks" Card Kit
Sept. 25 - Pickleball Lessons: Level 1
Sept. 25 - Pickleball Lessons: Level 2
Sept. 25 - Pickleball Lessons: Level 3
Sept. 27 - Oil Painting
Sept. 28 - Stewards of Children® - Child Sex Abuse Prevention

OCTOBER

Oct. 2 - Beginning and Intermediate Wheel Throwing
Oct. 2 - Lacrosse 101
Oct. 2 - Gentle Yoga Flow
Oct. 2 - Northern Lights Chasing 101
Oct. 3 - Pickleball "Drills" Class
Oct. 3 - Strength and Flexibility for Better, Safer Pickleball
Oct. 5 - Strength and Flexibility for Better, Safer Pickleball
Oct. 9 - Photographing the Night Sky in Northern Wisconsin
Oct. 10 - Dried Flower Swag
Oct. 11 - Watercolor Painting - Last Warmth
Oct. 11 - Oil Painting
Oct. 16 - Wiggle, Giggle, and Shake!
Oct. 16 - Lacrosse Mini Games
Oct. 18 - Basket Weaving
Oct. 18 - Acrylic Painting - Last of Summer
Oct. 21 - Moss and Airplant Frame Class

Oct. 23 - Pickleball Lessons: Level 1

Oct. 23 - Pickleball Lessons: Level 2

Oct. 23 - Pickleball Lessons: Level 3

Oct. 23 - Rally Dog Obedience

Oct. 24 - The Coolest Tools in the Fab Lab

Oct. 24 - Basic Chocolate Melting and Simple Candy Making

Oct. 25 - Puppy Manners

Oct. 25 - K9 Manners

Oct. 25 - Oil Painting

Oct. 26 - Barn Quilt Painting

Oct. 28 - Plant an Ecosystem Terrarium

Oct. 30 - Learn to play Kubb

NOVEMBER

Nov. 1 - Zumba with Val
Nov. 2 - Loom Beading
Nov. 2 - Truffles and Turtles
Nov. 7 - Mediterranean Cooking Series: Tunisian Meal
Nov. 8 - Watercolor Painting - Northern Wonder
Nov. 15 - Oil Painting
Nov. 15 - Acrylic Painting - Falling
Nov. 27 - Pickleball Lessons: Level 1
Nov. 27 - Pickleball Lessons: Level 2
Nov. 27 - Pickleball Lessons: Level 3
Nov. 28 - Make a Fresh Seasonal Garland
Nov. 30 - Stamping Class - "Cozy & Bright" Card Kit

DECEMBER

Dec. 5 - Mediterranean Cooking Series: Turkish Meal
Dec. 13 - Watercolor Painting - Huddling
Dec. 13 - Ornament Paint Pour
Dec. 20 - Acrylic Painting - Spirit Gifts

WE HAVE ONLINE REGISTRATION!

Visit <http://www.rhinelander.k12.wi.us/community/communityeducation.cfm> for instructions on how to register online with a credit or debit card. Please call 715-365-9745 to inquire about space. Space is limited for all classes.

We encourage online registration, but you can also register by mail or drop off. A paper registration form can be found at: <http://www.rhinelander.k12.wi.us/community/communityeducation.cfm>. Please print the form, complete it, and mail it with payment to the address on the form. Your registration and payment must be received before the registration deadline for the class. Personal check is preferred.



Fall 2023 Community Education Class Guide

ARTS and CRAFTS

Beginning and Intermediate Wheel Throwing

Depending on goals and experience, students will create several wheel-thrown pieces. We will learn about clay preparation, tools, texture, throwing techniques, and new ways to stretch skills learned in previous pottery classes.

In addition to the scheduled class meetings on Mondays, there will be two optional Open Studio dates on Thursday, October 19 and on Thursday, November 2. These will run 5:00 – 8:00 pm.

Date and Time: Mondays, Oct. 2 – Nov. 20, 5:30 – 8:00 pm
Ages: Adults
Instructor: Ingrid Bodensteiner, Local Artist
Fee: \$95/person
Location: RHS Room 131 (Art Room)
Registration Deadline: Sept. 28

Barn Quilt Painting

Barn quilts are a form of American folk art that are usually made of simple geometric shapes – squares, rectangles and triangles. They're often painted in bright, solid colors, though now and then you'll come across one that has more complex patterns and colors. There are many reasons why someone would want to add a barn quilt to the barn, garage, shed, fence or home exterior. Just because you don't have a barn doesn't mean you can't add a bit of American folk art to your home. In this class you'll learn the basics to create a 24" x 24" barn quilt. You will leave with a completed barn quilt; the pattern, and the knowledge to create more barn quilts in a variety of sizes. The class provides all supplies and instruction with lots of tips for completing your project with ease. So, grab a friend or two and join us!

Date and Time: Thursday, Oct. 26, 5:00 – 9:00 pm
Ages: 12 – adult
Instructor: Dottie Reeder, Local Artist
Fee: \$70/person
Location: RHS Room 134 (Art Room)
Registration Deadline: Monday, Oct. 16

Oil Painting with Tom Barnett

Join professional artist Tom Barnett in his studio for these amazing learning experiences! No previous painting experience is required. With Tom's step-by-step teachings you will create a masterpiece you can be proud of. All materials are supplied.

Ages: Adults
Instructor: Tom Barnett, Professional Artist
Fee: \$35/person/class
Location: Tom's Drawing Board, 52 N. Brown St. in Rhinelander
First Offering: Wednesday, Sept. 27, 5:00 – 7:00 pm
Theme: Landscape
Registration Deadline: Sept. 25

Second Offering: Wednesday, Oct. 11, 12:00 – 2:00 pm
Theme: Landscape
Registration Deadline: Oct. 9

Third Offering: Wednesday, Oct. 25, 5:00 – 7:00 pm
Theme: Spooky October Landscape
Registration Deadline: Oct. 23

Fourth Offering: Wednesday, Nov. 15, 12:00 – 2:00 pm
Theme: Landscape
Registration Deadline: Nov. 13

Ornament Paint Pour with Tom Barnett

Are you ready to get messy? Join professional artist Tom Barnett in his studio as he teaches you the joys of messy painting! He will take you through start to finish on how to create your very own abstract masterpiece!

Date and Time: Wednesday, Dec. 13, 5:00 – 7:00 pm
Ages: Adults
Instructor: Tom Barnett, Professional Artist
Fee: \$35/person/class
Location: Tom's Drawing Board, 52 N. Brown St. in Rhinelander
Registration Deadline: Dec. 11

Watercolor Painting

Learn to paint in Watercolor in a class where you can explore your creativity. Put different techniques into practice. For these classes, participants will not be locked into a step-by-step process, rather, the instructor will provide support and advice based on the needs of the individual. Participants will have the freedom to express their own inherent creativity in a relaxed and low-pressure environment. Some previous experience is helpful, but not required. All levels are welcome.

Ages: Grade 9 – adult
Instructor: Robin Harrison, Artist
Fee: \$10/person/class
Location: RHS Room 134 (Art Room)

Spring Renewal
Paint a pre-sketched birdhouse with apple blossoms in a rustic setting. Learn how to highlight with color to show the sun shining through the leaves.

Technique: Direct Paint
Date and Time: Wednesday, Sept. 13, 5:30 – 7:30 pm
Registration Deadline: Sept. 11

Last Warmth
Paint a pre-sketched paper of a calming beach scene with a setting sun and comfortable chairs. Learn how to highlight with color to show the sun shining on the water and chairs.

Technique: Partial Wet-on-Wet and partial Direct Paint
Date and Time: Wednesday, Oct. 11, 5:30 – 7:30 pm
Registration Deadline: Oct. 9

Northern Wonder

Paint a pre-sketched paper in a wet-on-wet technique for the Northern Lights, adding the details of the old church in a direct method. A beautiful scene to warm the heart during the cold moving into the Northwoods.

Technique: Direct Paint
Date and Time: Wednesday, Nov. 8, 5:30 – 7:30 pm
Registration Deadline: Nov. 6

Huddling
Paint a pre-sketched paper in a wet-on-wet technique for the background, with mama sheep and baby. Add the details of the faces, legs, and decorations followed by the snow falling. A beautiful scene to warm the heart during the coldest months in the Northwoods.

Technique: Direct Paint
Date and Time: Wednesday, Dec. 13, 5:30 – 7:30 pm
Registration Deadline: Dec. 11

ACRYLIC PAINTING

Learn to paint in Acrylic in a class where you can explore your creativity. Put different techniques into practice. For these classes, participants will not be locked into a step-by-step process, rather, the instructor will provide support and advice based on the needs of the individual. Participants will have the freedom to express their own inherent creativity in a relaxed and low-pressure environment. Some previous experience is helpful, but not required. All levels are welcome.

Ages: Grade 9 – adult
Instructor: Robin Harrison, Artist
Fee: \$10/person/class
Location: RHS Room 134 (Art Room)

Sunset Peace
Paint on canvas this beautiful sunset in the background with the sun highlighting the water. Paint the fisherman in silhouette and the grass and land in the background. This is very vibrant, but peaceful too.

Technique: Direct Paint and Overpaint

Date and Time: Wednesday, Sept. 20, 5:30 – 7:30 pm

Registration Deadline: Sept. 18

Last of Summer

Paint a barn, sunset and background first. Then, overlay the fence and flowers. Another peaceful scene to remember our summer.

Technique: Direct Paint

Date and Time: Wednesday, Oct. 18, 5:30 – 7:30 pm

Registration Deadline: Oct. 16

Falling

Paint the background elements of tree branches, fence, and sunset colors. Then add in the color of leaves on the tree falling to the ground below.

Technique: Direct Paint

Date and Time: Wednesday, Nov. 15, 5:30 – 7:30 pm

Registration Deadline: Nov. 13

Spirit Gifts

Sketch trees and a bird, then paint those elements, leaving the main tree as the foreground interest. Add each tree scars, branches, and pine limbs poking through. Lastly, add a cardinal and ornaments.

Technique: Direct Paint

Date and Time: Wednesday, Dec. 20, 5:30 – 7:30 pm

Registration Deadline: Dec. 18

AQUATICS

Community Open Swim

For all members of the community! Enjoy family time and lap swim in the Heck Family Community Pool (located in RHS).

Date/Time: Sundays, Sept. 10 – May 19 (throughout the school-year), 9:00 am – 12:00 pm

**Open swim will not take place during holidays and some school breaks. Please check the website for full details*

Ages: All (children under 10 years old must be accompanied by an adult)

Fee: FREE

Registration: Pre-registration is not required. Sign-in is required upon arrival. The pool will be closed on certain holidays and school breaks. Visit the School District of Rhinelander website for more information.

DOG OBEDIENCE

Puppy Manners

You brought your puppy home. Now what? Puppy Manners class will get you started on health tips, and behaviors such as potty training, biting, jumping, etc. Puppies will learn commands such as "sit", "down", and "come". They will learn to socialize with other puppies. This class is for puppies up to 6 months old. **Owners must bring a 6-foot leash and the puppy's favorite soft treats.**

First Offering: Wednesdays, Sept. 13 – Oct. 18, 6:00 – 7:00 pm

Registration Deadline: Sept. 11

Second Offering: Wednesdays, Oct. 25 – Dec. 6, 6:00 – 7:00 pm (no class Nov. 23 due to Thanksgiving Break)

Registration Deadline: Oct. 30

Instructor: Carol Lofquist, from TLC – Training with Love by Carol
Fee: \$80/dog
Location: Pelican Elementary School Gymnasium

K9 Manners

Did you rescue a dog? Or is your dog showing signs of misbehaving and could use some lessons in manners? If either is the case, this class is for you! Sharpen up your dog's skills with distractions. Many problem solving situations will be offered. Basic commands will be taught as well. This class is for dogs ages 7 months and older. **Owners must bring a 6-foot leash, the dog's favorite soft treats, and proof of rabies vaccination.**

First Offering: Wednesdays, Sept. 13 – Oct. 18, 7:15 – 8:15 pm

Registration Deadline: Sept. 11

Second Offering: Wednesdays, Oct. 25 – Dec. 6, 7:15 – 8:15 pm (no class Nov. 22 due to Thanksgiving Break)

Registration Deadline: Oct. 23

Instructor: Carol Lofquist, from TLC – Training with Love by Carol
Fee: \$80/dog
Location: Pelican Elementary School Gymnasium

Rally Dog Obedience

In this class, dog/handler teams will complete courses made up of signs describing specific obedience exercises. This is a low-key activity that you can do with your dog no matter what age or disability. Rally Obedience helps your dog be more disciplined with leash work, and strengthens the bond between you and your dog. It's a great way for you and your dog to have fun together! **Owners must bring a 6-foot leash, the dog's favorite soft treats, and proof of rabies vaccination.**

First Offering: Mondays, Sept. 11 – Oct. 16, 6:00 – 7:00 pm

Registration Deadline: Sept. 7

Second Offering: Mondays, Oct. 23 – Dec. 4, 6:00 – 7:00 pm (no class Nov. 22 due to Thanksgiving Break)

Registration Deadline: Oct. 19

Instructor: Carol Lofquist, from TLC – Training with Love by Carol
Fee: \$80/dog
Location: Pelican Elementary School Gymnasium

FITNESS

"Get Out and Walk" 100 Mile Walking Challenge

Get out and enjoy the fresh air! Get some exercise in the beautiful Northwoods environment! Walk 100 miles in seven weeks. Your walking routes are your choice. Keep track of your distance and log your miles. After the seven weeks is up, submit your completed log sheet. All who complete the challenge will be eligible for a random draw for Chamber Bucks! All who participate will receive a gift. We encourage you, your family, and friends to take part in this fun activity!

Dates: Monday, Sept. 11 – Sunday, Oct. 29

Ages: All

Facilitator: Mike Cheslock

Fee: \$10/person

Location: Participant's choice

Registration Deadline: Sept. 10

Date and Time: Wednesday, Dec. 13, 5:30 – 7:30 pm

Registration Deadline: Dec. 11

Technique: Direct Paint

Date and Time: Wednesday, Dec. 13, 5:30 – 7:30 pm

Registration Deadline: Dec. 11

Technique: Direct Paint

Date and Time: Wednesday, Dec. 13, 5:30 – 7:30 pm

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Technique: Direct Paint

Date and Time: Wednesday, Dec. 13, 5:30 – 7:30 pm

Fall 2023 Community Education Class Guide

Pickleball Lessons: Level 2

Requirements to enroll are: Must know how to keep score; Be able to serve and return successfully 7 out of 10 times sequentially; Must understand the No Volley Zone; Can dink unattackable balls successfully at least 5 sequential shots; Can volley more than 3 times in a sequence; Have basic overhead skills; Must understand the lob, third shot drop, and other reset shots; Can usually be in the right court position; Understand court geometry.

First Offering: Mondays and Wednesdays, Sept. 25 - Oct. 18, 1:15 - 2:15 pm

Registration Deadline: Sept. 23

Second Offering: Mondays and Wednesdays, Sept. 25 - Oct. 18, 7:00 - 8:00 pm

Registration Deadline: Sept. 22

Third Offering: Mondays and Wednesdays, Oct. 23 - Nov. 15, 1:15 - 2:15 pm

Registration Deadline: Oct. 20

Fourth Offering: Mondays and Wednesdays, Oct. 23 - Nov. 15, 7:00 - 8:00 pm

Registration Deadline: Oct. 20

Fifth Offering: Mondays and Wednesdays, Nov. 27 - Dec. 20, 1:15 - 2:15 pm

Registration Deadline: Nov. 24

Ages: Adults

Instructor: Darrell Schmidt, Larry McKitrick, and Jon Koch

Fee: \$60/person

Location: Hodag Dome

Pickleball Lessons: Level 3

Requirements to enroll are: Must have mastered scoring; Can put 8 out of 10 sequential serves and returns in play with depth consistently; Can hit some spin serves; Can volley consistently four or more sequential shots; Has a reliable overhead that can place 8 out of 10 sequential shots for some winners; Can dink unattackable balls successfully and consistently at least 6 sequential shots; Can successfully hit 8 out of 10 third shot drops sequentially forehand or backhand from anywhere; Can hit 8 out of 10 sequential forehands or backhands keeping the ball in play; Has good control over the No Volley Zone and understands court position and strategy.

First Offering: Mondays and Wednesdays, Sept. 25 - Oct. 18, 2:15 - 3:15 pm

Registration Deadline: Sept. 23

Second Offering: Mondays and Wednesdays, Oct. 23 - Nov. 15, 2:15 - 3:15 pm

Registration Deadline: Oct. 20

Third Offering: Mondays and Wednesdays, Nov. 27 - Dec. 20, 2:15 - 3:15 pm

Registration Deadline: Nov. 24

Fourth Offering: Mondays and Wednesdays, Nov. 27 - Dec. 20, 7:00 - 8:00 pm

Registration Deadline: Nov. 24

Ages: Adults

Instructor: Darrell Schmidt, Larry McKitrick, and Jon Koch

Fee: \$60/person

Location: Hodag Dome

Pickleball "Drills" Class

Most pickleball players love the game so much, a common comment is "I need to drill to improve my play." The drills in this class will focus on multiple aspects of the game. Examples of topics are: serves/returns, third shot drop and drive, dinking, volleying, non-volley zone play, resets, etc. Each meeting will focus on a different skill, with repetition being a common theme.

First Offering: Tuesdays and Thursdays, Oct. 3 - 26, 1:15 - 2:15 pm

Registration Deadline: Sept. 29

Second Offering: Tuesdays and Thursdays, Oct. 3 - 26, 2:15 - 3:15 pm

Registration Deadline: Sept. 29

Ages: Adults

Instructor: Jon Koch

Fee: \$40/person

Location: Hodag Dome

TECHNOLOGY and ENGINEERING

The Coolest Tools in the Fab Lab

Participants will learn basics of, and explore several tools commonly used in, the Hodag Fabrication Lab including vinyl cutters, laser engravers, and 3D printers. Students will be instructed in the software used to design various projects using the designated tools. Examples of projects include t-shirts, personalized mugs and glasses, laser-engraved signs, and simple 3D printed objects. Bring your imagination and project ideas and learn about a few of the tools available to you in the Hodag Fab Lab!

Dates and Times: Tuesday, Oct. 24; Thursday, Oct. 26; Thursday, Nov. 2;

Tuesday Nov. 7, 6:00 - 8:30 pm

Ages: Adults

Instructor: Mike Wojtusik, RHS Industrial Technology Teacher and Fab Lab Director

Fee: \$40/person

Location: RHS Fab Lab

Registration Deadline: Oct. 20

HODAG FAB LAB COMMUNITY HOURS

The Hodag Fab Lab exposes the Rhinelander community to some valuable tools that will provide many opportunities for creativity. Some of the tools available include cutters, scanners, printers, replicators, engravers, routers, saws, surfacers, jointers, and sanders. Some examples of what can be created in the Fab Lab include: signs, benches, plaques, glass gravings, key chains, medals, cribbage boards, and more! Please contact Mike Wojtusik at 715-365-9500 or wwojtumic@rhinelander.k12.wi.us to inquire about sign-up.

Date and Time: Mondays and Wednesdays, 4:00 - 8:00 pm

Ages: All ages welcome (children younger than 9th grade must be accompanied by an adult)

Instructor: Mike Wojtusik, RHS Industrial Technology Teacher and Fab Lab Director

Fee: FREE to try out! 1-year memberships are \$50/single and \$75/family.

Rhinelander students are free!

Location: RHS Fab Lab

YOUNG CHILD

Wiggle, Giggle, and Shake!

Presented by Children's Wisconsin, "Wiggle, Giggle, and Shake!" is a music and movement program for caregiver and child, designed to stimulate your child's development while celebrating and nurturing the remarkable bond you share.

Date and Time: Mondays, Oct. 16 - Nov. 20, 5:30 - 6:15 pm

Ages: Children birth to 5 years with any adult caregiver

Instructor: Nicole Lilek from Children's Wisconsin

Fee: \$15/family (can include multiple children within a family)

Location: Central Elementary School Gymnasium

Registration Deadline: Oct. 12

CAVOC for the COMMUNITY

The Cedric A. Vig Outdoor Classroom (CAVOC) has many opportunities for community use!

RENTALS - CAVOC is available for birthday parties, family reunions, weddings, bridal showers, baby showers, holiday gatherings, conferences/retreats, business meetings/workshops and MORE! Call (715) 365-9714 for information on how to rent the CAVOC facilities.

ROPE COURSE - The Challenge Ropes Course is available for community groups. It is a tool for personal and educational growth. Build trust, teamwork, and courage! The course consists of high and low elements constructed of ropes, beams, and cables within the forest. Activities are led by trained facilitators. Call (715) 365-9714 for information on how to reserve the Ropes Course.

GEOCACHING - There are several geocaches located on the 160-acre CAVOC property. This is a fun activity to take-part in with your family and friends, or as an individual. Visit www.geocaching.com, set up an account, and use your orienteering skills to find the hidden caches.

TRAIL USE - The CAVOC trail system is available year-round for walking, running, and cross-country skiing. There is a special area for snowshoeing as well. Use of the CAVOC trails is FREE and sign-up is not required. Trails are not available during special events like ski meets.

Visit the CAVOC website at www.rhinelander.k12.wi.us/schools/cavoc/ for a full listing of what CAVOC has to offer.

HODAG DOME

The Hodag Dome is a large, climate-controlled indoor facility that serves the students of SDR as well as our community. Community members living within SDR boundaries may purchase an annual membership for \$15/year. Kids are free. Amenities include indoor walking, pickleball, tennis, Open Turf times for free play, batting cages and golf simulators. More information can be found at <https://www.rhinelander.k12.wi.us/community/hodag-dome.cfm> or by calling (715) 365-9520.

If you have an idea for a community class, or if you have a skill, talent, or knowledge you would like to share with the community, please contact Community Education Coordinator Mike Cheslock at 715-365-9745 or cheslmik@rhinelander.k12.wi.us. We have ONLINE REGISTRATION! Visit <http://www.rhinelander.k12.wi.us/community/communityeducation.cfm> for instructions on how to register online with a credit or debit card. Please call 715-365-9745 to inquire about space. We encourage online registration, but you can also register by mail or drop off. A paper registration form can be found on website. Please print the form, complete it, and mail it with payment to the address on the form. Personal check is preferred.