

School District of Rhinelander

Community Education Program



The Community is Our Classroom

Discover Something New With Lifelong Learning

WINTER/SPRING 2025 COMMUNITY EDUCATION CLASS GUIDE

Check inside for full descriptions of classes!

JANUARY

Jan. 14 – Fitness with Carrie
Jan. 19 – Learn to Curl
Jan. 20 – Learn to Curl
Jan. 20 – Golf Lessons – Level 1
Jan. 20 – Golf Lessons – Level 2
Jan. 20 – Pickleball Lessons – Level 1
Jan. 20 – Pickleball Lessons – Level 2
Jan. 21 – Pickleball Lessons – Level 3
Jan. 21 – Balance & Strength: No Falls Approach
Jan. 21 – Tai Chi for Health
Jan. 21 – Walking for General Conditioning
Jan. 22 – Watercolor Painting – Colors of Purple
Jan. 22 – Zumba with Val
Jan. 27 – Holistic Nutrition
Jan. 27 – Rally Dog Obedience – Advanced
Jan. 27 – Nosework for Dogs
Jan. 29 – Acrylic Painting – The Love of Lights
Jan. 29 – Guided Meditation
Jan. 29 – Puppy Manners
Jan. 29 – K9 Manners

FEBRUARY

Feb. 9 – Learn to Curl
Feb. 10 – Learn to Curl
Feb. 10 – Golf Lessons – Level 1
Feb. 10 – Golf Lessons – Level 2
Feb. 15 – Cross Country Ski Clinic
Feb. 19 – Square Dance Lessons – Intermediate
Feb. 19 – Watercolor Painting – In the Deep
Feb. 20 – Square Dance Lessons – Beginner
Feb. 25 – Fitness with Carrie
Feb. 26 – Acrylic Painting – Hey There!
Feb. 27 – Cooking Class with Clinical Nutritionist, Health Expert
Feb. 28 – Stamping Class: Birthday Card Organizer Kit

MARCH

March 3 – Golf Lessons – Level 1
March 3 – Golf Lessons – Level 2
March 4 – Stamping Class: Expressions of Kindness Card Kit
March 12 – Watercolor Painting – Sweet Girl
March 13 – Sewing Machine Basics
March 25 – Balance & Strength: No Falls Approach
March 25 – Tai Chi for Health
March 25 – Walking for General Conditioning
March 26 – Acrylic Painting – Ghost of the Forest
March 26 – Zumba with Val
March 31 – Rally Dog Obedience – Advanced
March 31 – Nosework for Dogs

APRIL

April 2 – Puppy Manners
April 2 – K9 Manners
April 9 – Watercolor Painting – Red Slayer!
April 10 – Beginner Basket Weaving: Make a Mini Easter Basket
April 10 – Spring has Sprung: Cookie Decorating
April 14 – Acrylic Painting – Sunny Day
April 14 – Get Out and Walk 100 Mile Walking Challenge
April 16 – Acrylic Painting – Beauty!

MAY

May 1 – Barn Quilt Painting
May 7 – Watercolor Painting – Solitude

WE HAVE ONLINE REGISTRATION!

Visit <https://www.rhinelander.k12.wi.us/community/community-education-classes.cfm> for instructions on how to register online with a credit or debit card. Please call 715-365-9745 to inquire about space. Space is limited for all classes.

We encourage online registration, but you can also register by mail or drop off. A paper registration form can be found at: <https://www.rhinelander.k12.wi.us/community/community-education-classes.cfm>. Please print the form, complete it, and mail it with payment to the address on the form. Your registration and payment must be received before the registration deadline for the class. Personal check is preferred.



Winter/Spring 2025 Community Education Class Guide

ARTS and CRAFTS

Watercolor Painting

Join local artist Robin Harrison and learn to express your creativity and passion for watercolor art in a meaningful, creative way. By using various techniques, such as wet-on-wet, dry brush, and overlay, you can create a masterpiece of your own style. For these classes, participants will not be locked into a step-by-step process, rather, the instructor will provide support and advice based on the needs of the individual. Participants will have the freedom to express their own inherent creativity in a relaxed and low-pressure environment. Each class will have a pre-drawn easy-to-follow paper. Some previous experience is helpful, but not required. All levels are welcome. The artwork in these classes will have a nature-based theme.

Ages: Grade 5 - adult

Instructor: Robin Harrison, Artist

Fee: \$10/person/class

Location: RHS Room 134 (Art Room)

Colors of Purple

Learn direct painting technique. Color in the bird and branches, and using a splatter technique, add color in the background with dots. These lovely finches will stay all winter long with the correct food and feeders!
Date and Time: Wednesday, January 22, 5:30 – 7:30 pm
Registration Deadline: Jan. 20

In The Deep

This artwork will have a wet-on-wet background, leaving the sea turtle, fish, and other background elements unpainted. After the depth of color is achieved, we will direct-paint the other elements.
Date and Time: Wednesday, February 19, 5:30 – 7:30 pm
Registration Deadline: Feb. 17

Sweet Girl

This painting will involve layering of color to achieve the depth desired by the participant. Several layers will be placed on the cat to show light and dark values. The finish will be a splatter to fill in the background.
Date and Time: Wednesday, March 12, 5:30 – 7:30 pm
Registration Deadline: Mar. 10

Red Slayer!

For this wonderful painting, we will paint a wet-on-wet background, then fill in the branch and dragonfly. Participants can choose the colors of the background and dragonfly.
Date and Time: Wednesday, April 9, 5:30 – 7:30 pm
Registration Deadline: Apr. 7

Solitude

For this serene piece we will use wet-on-wet techniques for most of the painting, and then paint the boat with soft edges. Participants can choose the waterlily colors and decide how much background is added.
Date and Time: Wednesday, May 7, 5:30 – 7:30 pm
Registration Deadline: May 5

Acrylic Painting

Join local artist Robin Harrison and learn new techniques in acrylic painting. Participants will learn how to mix colors from a palette of six basic colors to achieve the delightful effects in each month's painting. Learn different textures by using common household items. Each participant will be able to create and explore their own style and color palette every month. For these classes, participants will not be locked into a step-by-step process, rather, the instructor will provide support and advice based on the needs of the individual. Participants will have the freedom to express their own inherent creativity in a relaxed and low-pressure environment. Some previous experience is helpful, but not required. All levels are welcome. The artwork in these classes will have a nature-based theme.

Ages: Grade 5 - adult

Instructor: Robin Harrison, Artist

Fee: \$12/person/class

Location: RHS Room 134 (Art Room)

The Love of Lights

Learn to paint a beautiful background of northern light in unusual colors! Paint the background from a white full moon, to pinks, yellows, blues and greens, with the perspective given on the left side of a pine tree. Participants can choose other colors if desired.
Date and Time: Wednesday, January 29, 5:30 – 7:30 pm
Registration Deadline: Jan. 27

Hey There!

Paint a cute raccoon looking out of his log. This little critter is simple to paint. Help is provided as needed. Soft colors make up the log while the raccoon is a study in black and whites.
Date and Time: Wednesday, February 26, 5:30 – 7:30 pm
Registration Deadline: Feb. 24

Ghost of the Forest

A beautiful albino buck is set off by the gorgeous pine trees behind him. We will paint the background and foreground first. Another option is to add snow in front and on the branches of the pines. The albino buck will be painted last.
Date and Time: Wednesday, March 26, 5:30 – 7:30 pm
Registration Deadline: Mar. 24

Beauty!

This exotic mosaic butterfly is resting on a buttercup plant. We will start with the butterfly and fill in the background as desired. Butterflies with colors like this are a favorite for artists to paint!
Date and Time: Wednesday, April 16, 5:30 – 7:30 pm
Registration Deadline: Apr. 14

Sunny Day

This lovely zinnia is painted with a teacup birdfeeder on a sunny day! We will start with the zinnia, mixing and laying out the color of choice, adding details to the middle of the flower. The background can be painted and we will add the cute cup last.
Date and Time: Wednesday, May 14, 5:30 – 7:30 pm
Registration Deadline: May 12

Barn Quilt Painting

Barn quilts are a form of American folk art that are usually made of simple geometric shapes — squares, rectangles and triangles. They're often painted in bright, solid colors, though every now and then you'll come across one that has more complex patterns and colors. There are many reasons why someone would want to add a barn quilt to the barn, garage, shed, fence or home exterior. Just because you don't have a barn doesn't mean you can't add a bit of American folk art to your home. In this class you'll learn the basics to create a 24" x 24" barn quilt. You will leave with a completed barn quilt; the pattern, and the knowledge to create more barn quilts in a variety of sizes. The class provides all supplies and instruction with lots of tips for completing your project with ease. So, grab a friend or two and join us!

Date and Time: Thursday, May 1, 5:00 – 9:00 pm

Ages: 12 - adult

Instructor: Dottie Reeder, Local Artist

Fee: \$80/person

Location: RHS Room 134 (Art Room)

Registration Deadline: Apr. 21

AQUATICS

Community Open Swim

For all members of the community! Enjoy family time and lap swim in the Heck Family Community Pool (located in RHS).
Date/Time: Sundays, Sept. 10 – May 19 (throughout the school-year), 9:00 am – 12:00 pm
**Open swim will not take place during holidays and some school breaks. Please check the website for full details*
Ages: All (children under 10 years old must be accompanied by an adult)
Fee: FREE
Registration: Pre-registration is not required. Sign-in is required upon arrival.

DOG OBEDIENCE

Rally Dog Obedience – Advanced Level

Looking to do something fun with your dog? Rally Class is designed to keep your dog moving while you build a working relationship with your dog. In this class, dog/handler teams will complete courses made up of signs describing specific obedience exercises. Your dog will be off leash when you are working on the course. You will be presented with many new signs. A prerequisite to this class is either the Intro Level or Novice Level of Rally O. **Owners must bring a 6-foot leash, the dog's favorite soft treats, and proof of rabies vaccination.**

Instructor: Carol Lofquist, from TLC – Training with Love by Carol

Fee: \$90/dog

Location: Pelican Elementary School Gymnasium

First Offering: Mondays, January 27 – March 3, 6:00 – 6:45 pm

Registration Deadline: Jan. 239

Second Offering: Mondays, March 31 – May 12, 6:00 – 6:45 pm

(no class April 21)

Registration Deadline: Mar. 27

Nosework for Dogs

Nosework is an activity that allows your dog to use their natural desire to sniff and/or hunt. Your dog will learn a unique ability to detect scent and determine the source. This class is for dogs of any size or age. Come have a blast with your dog as he/she hones their sniffing skills!
Owners must bring a 6-foot leash, the dog's favorite soft treats, and proof of rabies vaccination.

Instructor: Carol Lofquist, from TLC – Training with Love by Carol

Fee: \$90/dog

Location: Pelican Elementary School Gymnasium

First Offering: Mondays, January 27 – March 3, 7:00 – 7:45 pm

Registration Deadline: Jan. 23

Second Offering: Mondays, March 31 – May 12, 7:00 – 7:45 pm

(no class April 21)

Registration Deadline: Mar. 27

Puppy Manners

You brought a puppy home. Now what? Puppy Manners class will get you started on health tips, and behaviors such as potty training, biting, jumping, etc. Puppies will learn commands such as "sit", "down", and "come" calls. They will learn to socialize with other puppies. This class is for puppies up to 6 months old. **Owners must bring a 6-foot leash and the puppy's favorite soft treats.**

Instructor: Carol Lofquist, from TLC – Training with Love by Carol

Fee: \$90/dog

Location: Pelican Elementary School Gymnasium

First Offering: Wednesdays, January 29 – March 5, 6:00 – 6:45 pm

Registration Deadline: Jan. 27

Second Offering: Wednesdays, April 2 – May 14, 6:00 – 6:45 pm

(no class April 23)

Registration Deadline: Mar. 31

K9 Manners

Did you rescue a dog? Or is your dog showing signs of misbehaving and could use some lessons in manners? If either is the case, this class is for you! Sharpen up your dog's skills with distractions. Many problem solving situations will be offered. Basic commands will be taught as well. This class is for dogs ages 7 months and older. **Owners must bring a 6-foot leash, the dog's favorite soft treats, and proof of rabies vaccination.**

Instructor: Carol Lofquist, from TLC – Training with Love by Carol

Fee: \$90/dog

Location: Pelican Elementary School Gymnasium

First Offering: Wednesdays, January 29 – March 5, 7:00 – 7:45 pm

Registration Deadline: Jan. 27

Second Offering: Wednesdays, April 2 – May 14, 7:00 – 7:45 pm

(no class April 23)

Registration Deadline: Mar. 31

FITNESS

Fitness with Carrie

This is a low-impact class for all fitness levels. It focuses on core muscles, not just abs, which are important for flexibility and balance, creating a strong frame for your body that will help prepare you for activities in your daily life. We will focus on using proper form to improve balance, stability, and mobility using kettlebells, dumbbells, body weight and stretching. **Participants must provide their own light dumbbells weights, an exercise mat, and a water bottle.**

Ages: Adults

Instructor: Carrie Ketter, Certified Group Fitness Instructor

Location: Pelican School Gymnasium

First Offering: Tuesdays and Thursdays,
January 14 – February 18, 5:00 – 6:00 pm (no class Feb. 11)

Registration Deadline: Jan. 10

Fee: \$40/person

Drop-In Fee: \$5/person/time

Second Offering: Tuesdays and Thursdays, February 25 – April 10,
5:00 – 6:00 pm (no class on Mar. 18 or Mar. 20)

Registration Deadline: Feb. 21

Fee: \$45/person

Drop-In Fee: \$5/person/time

Walking for General Conditioning

Walking is effective, convenient, and great for your body. Adding a high intensity interval training component can boost your calorie and fat burning potential substantially, and help you improve your overall health. In addition to outdoor and indoor walking, you will be doing workouts targeting total body, upper body, lower body and core. Get started and practice this new technique for a new you! Each participant will receive a resistance band. Please bring a floor mat.

Ages: Adults

Instructor: Tori Cihla (Certified Personal Trainer)

Fee: \$130/person

Location: Hodag Dome

First Offering: Tuesdays, Thursdays, and Fridays,
January 21 – March 14, 7:15 – 8:15 am (no class Feb. 28)

Registration Deadline: Jan. 17

Second Offering: Tuesdays, Thursdays, and Fridays, March 25 – May 22,
7:15 – 8:15 am (no class on March 28 or April 18)

Registration Deadline: Mar. 21

Tai Chi for Health

Tai Chi is a martial art exercise with origins in ancient China. You will learn a gentle and safe way to stretch and strengthen your muscles, improve your mobility, posture, balance, and de-stress your mind. No equipment needed. Practice your new skills anywhere. All are welcome to this beginner class.

Ages: Adults

Instructor: Tori Cihla (Certified Personal Trainer)

Fee: \$65/person

Location: Hodag Dome

First Offering: Tuesdays and Thursdays,
January 21 – March 13, 8:15 – 9:15 am

Registration Deadline: Jan. 17

Second Offering: Tuesdays and Thursdays,
March 25 – May 15, 8:15 – 9:15 am

Registration Deadline: Mar. 21

Balance & Strength: No Falls Approach

Build strength, balance, and everyday living movements with head, shoulder, knee, toe, and hand exercises. We'll add in some marching movements for building that no-falls approach to our aging cycle. Athletic/tennis shoes are required.

Ages: Any age (55 and older is target audience)

Instructor: Susie Wegner

Fee: \$50/person

Location: Hodag Dome

First Offering: Tuesdays and Thursdays,
January 21 – March 13, 10:00 – 11:00 am

Registration Deadline: Jan. 17

Second Offering: Tuesdays and Thursdays,
March 25 – May 15, 10:00 – 11:00 am

Registration Deadline: Mar. 21

Zumba with Val

The most awesome workout ever! Dance to great music, with great people, and burn calories without even realizing it. No experience necessary! This class is open for participants of all abilities. Dance moves can be modified to fit individual needs.

Ages: 10 - adult

Instructor: Val Foley

Fee: \$18/person

Drop-In Fee: \$4/person/time

Location: James Williams Middle School Gymnasium

First Offering: Wednesdays, January 22 – March 5, 5:30 – 6:15 pm
(no class Feb. 12)

Registration Deadline: Jan. 20

Second Offering: Wednesdays, March 26 – April 30, 5:30 – 6:15 pm

Registration Deadline: Mar. 24

Intermediate Square Dance Lessons

These lessons are intended for people who completed the Fall Beginner lessons, or for former and current square dancers, as a way to strengthen their dance skills in the mainstream program.

Dates and Times: Wednesdays, February 19 - May 14, 6:30-8:30 pm
(no class on March 19)

Ages: 7 years old to adult

Instructor: Jimmie Burs

Fee: \$15 per person

Location: Cedric A. Vig Outdoor Classroom (CAVOC Lodge)

Registration Deadline: Feb. 17

Beginner Square Dance Lessons

Square dancing is a great way to exercise and socialize! It is a fun activity for families, couples, and single people of all ages. No experience is necessary. If you have previous experience square dancing, consider joining as a refresher course or to help with the beginners. The class will be led by an experienced square dance caller who makes dancing fun and easy to learn!
Dates and Times: Thursdays, February 20 - May 22, 6:30-8:30 pm
(no class on March 20 or April 17)

Ages: 7 years old to adult

Instructor: Jimmie Burs

Fee: \$15 per person

Location: Cedric A. Vig Outdoor Classroom (CAVOC Lodge)

Registration Deadline: Feb. 18

“Get Out and Walk” 100 Mile Walking Challenge

Get out and enjoy the fresh air! Get some exercise in the beautiful Northwoods environment! Walk 100 miles in seven weeks. Your walking routes are your choice. Keep track of your distance and log your miles. After the seven weeks is up, submit your completed log sheet. All who complete the challenge will be eligible for a random drawing for Chamber Bucks! All who participate will receive a gift. We encourage you, your family, and friends to take part in this fun activity!
Dates: Monday, April 14 – Sunday, June 1

Ages: All

Facilitator: Mike Cheslock

Fee: \$10/person

Location: Participant's choice

Registration Deadline: Apr. 13

Aspirus Community Fitness Center

Located in Rhinelander High School, the fitness center is available to the community FREE of charge. Use free-weights, machines, treadmills, bikes, and other exercise equipment.
Date/Time: Mondays – Fridays (throughout the school-year), 3:30 – 6:30 pm. *The fitness center is closed, or has special hours, during breaks and holidays. Check the School District of Rhinelander website for more information.*
Ages: 12 to adult

Fee: FREE (a waiver must be signed prior to using the fitness center)

FOOD and COOKING

Spring has Sprung: Cookie Decorating

Get into the springtime spirit and join in for a fun evening of cookie decorating! This class is designed for beginners who want to learn the basics of cookie decorating with royal icing. You will get five (plus extras) cookies to decorate, all in a spring theme—think flowers and butterflies. Everything will be provided: cookies, icing, decorations and recipes. Find your inner sugar artist and you will surprise yourself with how beautiful your cookies will look.
Date and Time: Thursday, April 10, 5:00 – 8:00 pm
Ages: 14 - adult
Instructor: Dottie Reeder
Fee: \$50/person
Location: RHS Room 112
Registration Deadline: Apr. 4

HEALTH and WELL-BEING

Holistic Nutrition

Holistic Nutrition takes an approach that considers all aspects of a person's health. This includes environmental, emotional, physical, and mental factors. We will focus on lifestyle practices that promote the overall well-being, including foods and how nutrition supports the body's natural healing abilities. We will also use and review a Foods and Moods Journal, learning how certain foods can cause specific Energy Draining Reactions, what precise areas of the body this relates to, and how to change these to Primary Healing Responses. This class encourages participation from students, as well as thoughts and questions, and the opportunity to share self-reflection.
Date and Time: Monday, January 27, 5:30 – 6:30 pm
Ages: 12 - adult
Instructor: Roni Detienne, CHt, HN
Fee: \$5/person
Location: RHS Room 111
Registration Deadline: Jan. 23

Guided Meditation

Guided meditation, led by a trained practitioner, will help a person to make positive changes in their life. This class will help you to get rid of the thoughts that may be crowding your mind and causing stress. You will learn to develop a sense of calm and peace that benefits your overall health and emotional well-being. You will be able to use techniques to relax and cope with stress by staying centered and focusing on what calms you. This class is great for beginners or seasoned meditation practitioners.
Date and Time: Wednesday, January 29, 5:30 – 6:30 pm
Ages: 12 - adult
Instructor: Roni Detienne, CHt, HN
Fee: \$5/person
Location: RHS Room 111
Registration Deadline: Jan. 27

Holistically Healing, Whole-Food Cooking

Clinical Nutritionist Sydney Zettler, of ORGANIQUE Clinic, is an expert in preparing healthy, delicious and nutritious food. Join her for a fun-filled, easy-to-follow class that is focused on finding food substitutions, preparing nutrient-dense meals and improving health through diet. Hear directly from Sydney, herself: *"When I was younger, I believed that I ate relatively healthy, but through education and guidance, I found out quickly that was not the case. When beginning the process of changing your diet, it can be overwhelming. I am confident that, through this workshop, the process will become easier, you will gain knowledge into how your diet can aid in healing and your view of food will change. It doesn't have to be difficult; I am here to help."*
Date and Time: Thursday, February 27, 5:30 - 7:00 pm
Ages: Grade 9 - adult
Instructor: Sydney Zettler, Clinical Nutritionist
Fee: \$15/person
Location: RHS Room 112
Registration Deadline: Feb. 24

HOME and HOBBIES

Stamping Class: Birthday Card Organizer Kit

This kit comes with everything you need to help you get organized and never miss out on a birthday celebration. It comes with supplies to make 12 birthday cards with matching envelopes that you can easily customize. The kit has pre-cut floral and background pieces to make your crafts unique. It also comes with an 8" x 10" yearly birthday organizer with sticker sentiments.
Date and Time: Tuesday, January 28, 6:00 – 8:00 pm
Ages: 10 – adult
Instructor: Kristy Hicks, Local Stampin' Up! Demonstrator
Fee: \$25/person
Location: RHS Room 111
Registration Deadline: Jan. 24

Stamping Class: Expressions of Kindness Card Kit

This class will feature floral designs in beautiful color tones. This kit is perfect for all-occasion cards for friends and loved ones. Pair the desired sentiments and images from the kit to quickly create beautiful cards. The kit includes: Expressions of Kindness stamp set, clear stamp block, Blackberry Bliss stampin' spot, 8 cards, 4 each of 2 designs with printed envelopes, die-cut images and gold foil labels, gold sparkle gems, adhesive, and step-by-step instructions.
Date and Time: Tuesday, March 4, 6:00 – 8:00 pm
Ages: 10 – adult
Instructor: Kristy Hicks, Local Stampin' Up! Demonstrator
Fee: \$33/person
Location: RHS Room 111
Registration Deadline: Feb. 28

Sewing Machine Basics

Want to learn to use a sewing machine? Or need a "refresher"? Learn sewing machine "basics", and stitch a small tote bag. Sewing machines, fabric, thread, and other tools will be provided. If there is enough interest, we may offer additional classes, or a sewing club, in the future.
Date and Time: Thursday, March 13, 5:30 – 8:30 pm
Ages: Grade 6 - adult
Instructor: Louise Perreault
Fee: \$18/person
Location: RHS Room 109
Registration Deadline: Mar. 11

Beginner Basket Weaving: Make a Mini-Easter Basket

Learn basket weaving basics and create a mini-basket in time for Easter. All materials will be provided, including Easter grass and plastic colored eggs, ready to be filled.
Date and Time: Thursday, April 10, 5:30 – 8:00 pm
Ages: Grade 6 - adult
Instructor: Louise Perreault
Fee: \$18/person
Location: RHS Room 109
Registration Deadline: Apr. 8

RECREATION and SAFETY

###

Winter/Spring 2025 Community Education Class Guide

Golf Lessons – Level 2

This program is for individuals who have either taken beginner lessons or have previous golf experience. The objective will be to refine your existing golf skills. Topics discussed will include: physical and mental preparation, refining your swing, selection of golf clubs, chipping, putting, hitting off a slope, and more! Every participant will receive a 3-pack of special golf balls that will help with the development of putting skills. Everyone who completes the class will receive a punch card for 4 hours of simulator time.

Ages: Adults

Instructor: Mike Tolvstad

Fee: \$45/person

Location: Hodag Dome

First Offering: Mondays and Wednesdays,
January 20 – February 5, 1:00 – 3:00 pm

Registration Deadline: Jan. 12

Second Offering: Mondays and Wednesdays,
February 10 – February 26, 1:00 – 3:00 pm

Registration Deadline: Feb. 6

Third Offering: Mondays and Wednesdays,
March 3 – March 19, 1:00 – 3:00 pm

Registration Deadline: Feb. 27

Pickleball Lessons: Level 1

This class is for beginners and nearly-new players. If you’ve never played pickleball before or have played very little, these lessons are for you. No prior skills are required. Learn serve, return of serve, basic volley and overhead, dinking and the No Volley Zone, third shot drop, basic strategy and positions, rules, faults, court geometry, and scoring.

Ages: Adults

Instructors: Larry McKitrick and others

Fee: \$65/person

Location: Hodag Dome

First Offering: Mondays and Wednesdays,
Jan. 20 – Feb. 12, 12:15 - 1:15 pm

Registration Deadline: Jan. 16

Second Offering: Mondays and Wednesdays,
Jan. 20 – Feb. 12, 6:00 – 7:00 pm

Registration Deadline: Jan. 16

Pickleball Lessons: Level 2

This class is for intermediate players. You will continue to practice and improve on all of the skills presented in Level 1. Completing Level 1, or having previous pickleball experience, is a prerequisite of this class.

Ages: Adults

Instructor: Larry McKitrick and others

Fee: \$65/person

Location: Hodag Dome

First Offering: Mondays and Wednesdays,
Jan. 20 – Feb. 12, 1:15 - 2:15 pm

Registration Deadline: Jan. 16

Second Offering: Mondays and Wednesdays,
Jan. 20 – Feb. 12, 2:15 – 3:15 pm

Registration Deadline: Jan. 16

Pickleball Lessons: Level 3

This is a drills class for anyone at a 3.5 skill level or higher.

Dates and Times: Tuesdays, Jan. 21 – Feb. 11, 1:00 - 3:00 pm

Ages: Adults

Instructor: Larry McKitrick and others

Fee: \$65/person

Location: Hodag Dome

Registration Deadline: Jan. 16

TECHNOLOGY and ENGINEERING

HODAG FAB LAB COMMUNITY HOURS

The Hodag Fab Lab exposes the Rhinelander community to some valuable tools that will provide many opportunities for creativity. Some of the tools available include cutters, scanners, printers, replicators, engravers, routers, saws, surfacers, jointers, and sanders. Some examples of what can be created in the Fab Lab include: signs, benches, plaques, glass engravings, key chains, medals, cribbage boards, and more! Please contact Mike Wojtusik at (715) 365-9500 or wojtumic@rhinelander.k12.wi.us to inquire about sign-up.

Date and Time: Mondays and Thursdays, 4:00 - 8:00 pm

Ages: All ages welcome (children younger than 9th grade must be accompanied by an adult)

Instructor: Mike Wojtusik, RHS Industrial Technology Teacher and Fab Lab Director

Fee: FREE to try out! 1-year memberships are \$50/single and \$75/family. Rhinelander students are free!

Location: RHS Fab Lab

CAVOC for the COMMUNITY

The Cedric A. Vig Outdoor Classroom (CAVOC) has many opportunities for community use!

RENTALS - CAVOC is available for birthday parties, family reunions, weddings, bridal showers, baby showers, holiday gatherings, conferences/retreats, business meetings/workshops and MORE! Call (715) 365-9745 for information on how to rent the CAVOC facilities.

ROPES COURSE – The Challenge Ropes Course is available for community groups. It is a tool for personal and educational growth. Build trust, teamwork, and courage! The course consists of high and low elements constructed of ropes, beams, and cables within the forest. Activities are led by trained facilitators. Call (715) 365-9745 for information on how to reserve the Ropes Course.

GEOCACHING – There are several geocaches located on the 160-acre CAVOC property. This is a fun activity to take-part in with your family and friends, or as an individual. Visit www.geocaching.com, set up an account, and use your orienteering skills to find the hidden caches.

TRAIL USE – The CAVOC trail system is available year-round for walking, running, and cross-country skiing. There is a special area for snowshoeing as well. Use of the CAVOC trails is FREE and sign-up is not required. Trails are not available during special events like ski meets.

Visit the CAVOC website at <https://www.rhinelander.k12.wi.us/schools/cavoc/> for a full listing of what CAVOC has to offer.

HODAG DOME

The Hodag Dome is a large, climate-controlled indoor facility that serves the students of SDR as well as our community. Community members living within SDR boundaries may purchase an annual membership for \$15/year. Kids are free. Amenities include indoor walking, pickleball, tennis, open turf times for free play, batting cages, and golf simulators. More information can be found at <https://www.rhinelander.k12.wi.us/hodag-dome/> or by calling (715) 365-9520.

If you have an idea for a community class, or if you have a skill, talent, or knowledge you would like to share with the community, please contact Community Education Manager Mike Cheslock at (715) 365-9745 or cheslmik@rhinelander.k12.wi.us.

We have ONLINE REGISTRATION! Visit the School District of Rhinelander website for instructions on how to register with a credit or debit card. If the online software indicates that the class is full, please call 715-365-9745 to inquire about space.

We encourage online registration, but you can also register by mail or drop off. A paper registration form can be found on the School District of Rhinelander’s website. Please print the form, complete it, and mail it with payment to the address on the form. Personal check is preferred.